

BREAKFAST / LIGHT MEALS / TAPAS / COFFEE

***BREAKFAST (MON - SUN) 08H00 - 12H00**

***LUNCH & TAPAS (MON - SUN) 12H00 - 17H00**



BREAKFAST

CONTINENTAL BUFFET - 135

A selection of breads, cured meats, pâté, cheeses, seasonal fruit, yoghurts, pastries, preserves, cereals, fruit juice, filter coffee and English Breakfast tea

*** SPECIALITY COFFEES & FLAVOURED TEAS AVAILABLE ON REQUEST AT AN ADDITIONAL CHARGE ***

SPECIALITIES

SCRAMBLED SALMON 115
Scrambled Eggs with Smoked
Salmon sprinkled with Spring Onions

BREAKFAST BURGER 115
BBQ Basted Beef Burger topped
with a Fried Egg, Bacon and Cheddar

POACHED EGG STACK 95
Rye Bruschetta layered with Bacon,
Mushroom and Tomato topped with
a Poached Egg and Hollandaise

BULL RUN OMELETTE 95
Prosciutto Ham, Mushroom and
Tomato, Mozzarella and Feta
topped with Rocket

ENGLISH BREAKFAST 90
2 Eggs, 3 Rashers of Bacon, Mushroom
and Tomato with Toast and Preserves

VEGETABLE FRITTATA 85
Spinach, Mushroom and Tomato,
Bell Peppers and Asparagus
Gratinated with Mozzarella

BREAKFAST BAGUETTE 80
Scrambled Eggs, Bacon, Avocado,
Mozzarella and Rocket

FLAPJACKS 75
Layered with Seasonal Berries
and Whipped Cream

FRENCH TOAST 65
Layered with, Maple Syrup
Glazed Bacon

EXTRAS

FRIED EGG	15	SAVOURY MINCE	20	MUSHROOM & TOMATO	20
GRILLED BACON	25	FRIED HALLOUMI	25	TOAST & PRESERVES	15
BEEF SAUSAGE	20	ONION RINGS	15	FRENCH TOAST	20
PORK SAUSAGE	20	POTATO ROSTI	15	CHIPS	20



LIGHT MEALS

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SALMON ON RYE	145
Smoked Salmon, Horseradish, Shallots, Capers, Avocado, Cucumber, Tomato and Micro Herbs	
FISH & CHIPS	135
Battered Fish with Chips, Tartare Sauce and Salad	
STEAK & EGG	135
Chargrilled Sirloin with Chips and Salad	
STEAK BAGUETTE	135
Chargrilled Sirloin with Grilled Onion, Tomato, Avocado, Mustard and Rocket	
SCHNITZEL	125
Beef or Chicken topped with Mushroom Sauce and Cheddar Cheese with Chips	
CHICKEN PITA	125
Cajun Grilled Chicken with Mushrooms, Mozzarella, Feta and Basil Pesto	
LL BURGER	95
Sandwich Burger BBQ Basted with Gherkin, Grilled Onion, Cheddar and Tomato	
* In the style of the first original burger created by Louis Lassen in 1895	
BURGER WRAP	95
BBQ Basted Beef Patty Strips, Salad, Cheddar, Tomato Salsa and Jalapeños	
BAKED SPUD	85
Savoury Mince Gratinated with Mozzarella served on Cream Spinach and Feta with Salad	
QUESADILLA	85
Hummus and Jalapeños with Tomato Salsa, Guacamole and Sour Cream	

TAPAS ↓

BASE TAPAS PLATTER	75		
Pita Bread, Hummus, Tomato Salsa, Peri-Peri and Onion Rings			
EXTRAS *MINIMUM OF 3 ITEMS			
BATTERED PRAWN TAILS	75	FISH GOUJONS	45
BEEF BILTONG	75	SQUID HEADS	35
PORK RIBS	65	MARINATED ARTICHOKEs	35
BRAZILIAN RUMP	65	FRIED HALLOUMI	35
FRIED CALAMARI	55	GRILLED MARROWS	25
MARINATED CALAMARI	55	BALSAMIC MUSHROOMS	25
SPICY CHOURICO	55	AVOCADO	25
CHICKEN STRIPS	45	OLIVES & FETA	25

COFFEE BAR



SINGLE ESPRESSO	21	MACCHIATO	24
DOUBLE ESPRESSO	26	CHOCOCHINO	33
AMERICANO	24		

CAPPUCCINO

ITALIAN CAPPUCCINO	27
GRANDE CAPPUCCINO	31
DECAF CAPPUCCINO	31
SKINNY CAPPUCCINO	29
FLAVOURED CAPPUCCINO (CARAMEL, HAZELNUT, VANILLA)	37

LATTE

CAFÉ LATTE	30
DECAF LATTE	33
DOUBLE LATTE	34
CHAI TEA LATTE	33
FLAVOURED LATTE (CARAMEL, HAZELNUT, VANILLA)	39

HOT BEVERAGES

MILO	31	COCOA MOCHA NUT	35
HOT CHOCOLATE	31	FUDGE CARAMEL	35
WHITE HOT CHOCOLATE	35		

RED ESPRESSO

RED LATTE, RED CAPPUCCINO	33
RED HOT CHOCOLATE	35
RED CHAI LATTE	33
ROOIBOS VANILLA CAPPUCCINO	35



TEA

FIVE ROSES,
ROOIBOS

26



PREMIUM TEA

CHAMOMILE, EARL GREY,
GREEN TEA, ENGLISH BREAKFAST

30

THE
BULL RUN
A WEALTH OF GOOD TASTE

Est. 2000



Please note that while every effort is made to use fresh ingredients in the preparation of food and beverages served on the premises, food and beverages served may contain permitted artificial colourants, flavourants and preservatives, including dairy products, ice-cream, frozen desserts, proprietary sauces, juices, preserves, jams and preserved meats. In addition, certain foodstuffs have been packaged and prepared on premises in which nuts may be present. Non-halaal and non-kosher foods are also prepared and served on the premises.